

Spatio-temporal energy spectra of drops in turbulence

14th International Symposium on Turbulence and Shear Flow Phenomena

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Heidelberg, 28–31 July 2026

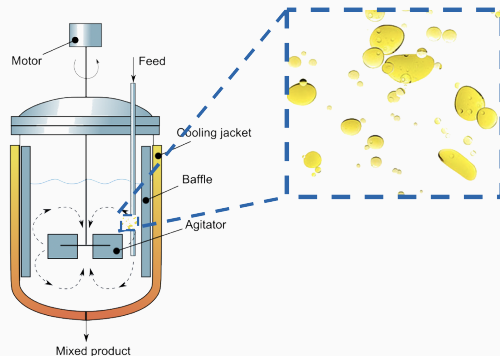
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Drop breakup in turbulence

- Occurs in **emulsification** of foods, paints, and pharmaceuticals [Mathijssen et al., *Reviews of Modern Physics*, 2023]
- Competition between inertia and surface tension [Hinze, *AIChE J.*, 1955]:

$$We = \frac{\rho u_d^2 d}{\sigma}$$

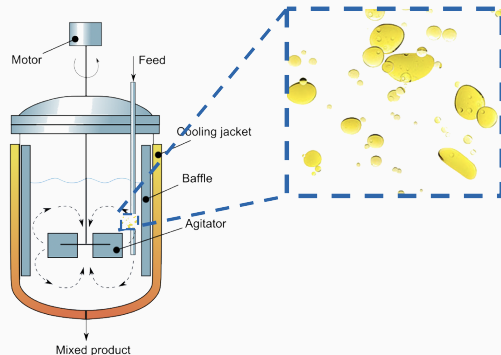
- ρ : fluid density
- d : drop diameter
- u_d : velocity fluctuations
- σ : surface tension
- $t_d = d/u_d$: eddy turnover time.



Open Questions

Despite decades of research, there are open questions [Ni, *Annu. Rev. Fluid Mech.*, 2024]:

1. What size turbulent eddies cause drop deformation?
2. What are the timescales of the breakup process?
3. Can we make a mechanistic model of drop breakup?



Cahn–Hilliard–Navier–Stokes equations

Uniform density ρ and viscosity ν :

$$\rho \partial_t u_i + \rho u_j \partial_j u_i = \rho \nu \partial_{jj} u_i - \partial_i p + \zeta u_i + f_i$$

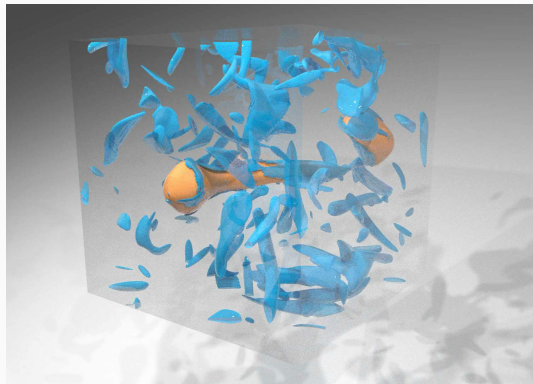
$$\partial_i u_i = 0$$

$$\partial_t c + u_j \partial_j c = m \partial_{ii} \phi$$

with interfacial force $f_i = -c \partial_i \phi$ and chemical potential

$$\phi = \beta(c^2 - 1)c - \alpha \partial_{ii} c.$$

Phase-field method (unlike VOF [Paulista et al., 2007] or front-tracking [Unverdi et al., *J. Comp. Phys.*, 1992]): **interfacial energy is built into the free energy functional.**



Direct numerical simulation of the Cahn-Hilliard Navier-Stokes equations

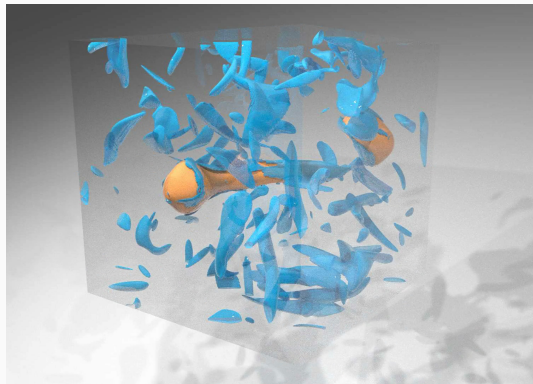
Hundreds of independent phase-field simulations [Magaletti et al., *J. Fluid Mech.*, 2013]

Spatial resolution:

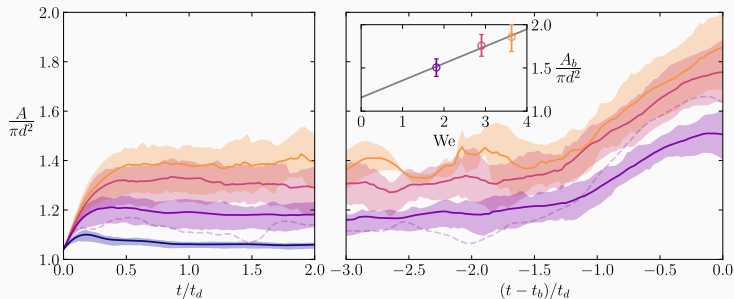
- Triperiodic domain L^3
- GPU-accelerated pseudospectral method
- 256^3 grid points
- $Re_\lambda = 58$
- Drop diameter: $d = 0.3L$

Temporal resolution:

- Save every $0.03t_d$
- Stop at breakup detection

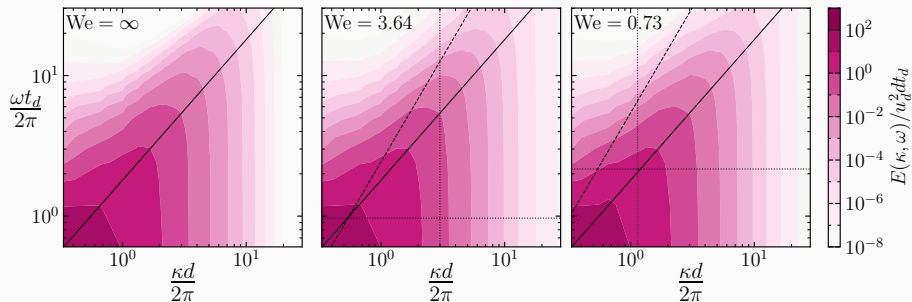


Mean drop area



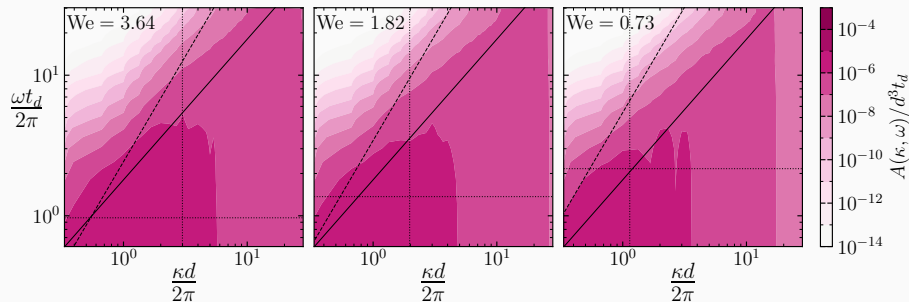
- Drops reach a statistically steady area within one eddy turnover time
- The equilibrium area increases with We
- Breakup occurs area increases by $0.27\pi d^2$
- We exclude $1t_d$ from the beginning and end of each signal
- We make ϕ and $\mathbf{u}$ periodic in time by multiplying with a Hann window $H(t) = \sin^2 \frac{\pi(t-t_d)}{3t_d}$.
- We make a 4D Fourier transform time and space.
- Isotropy $\Rightarrow$ integrate over spherical shells in κ -space.

Turbulent kinetic energy $E(\kappa, \omega) = \frac{1}{2} \langle \hat{u}_i^* \hat{u}_i \rangle$



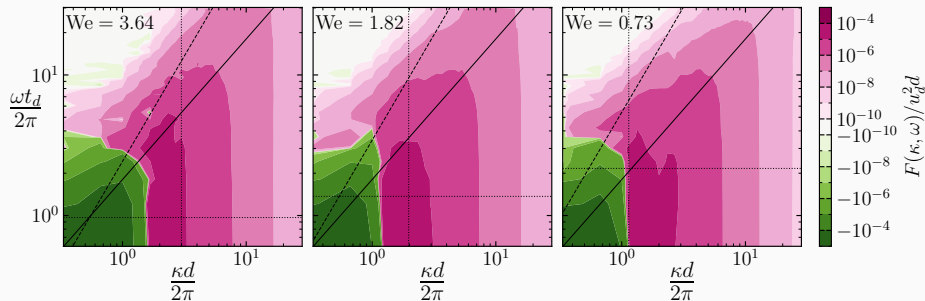
- Energy concentrated at **large, slow** scales.
- Ridge near $\omega = u' \kappa$ — eddies are advected by the large scale flow
- Drops produce a modest **increase at small scales and short timescales**.
- Dotted: Hinze scale $2\pi/d_H$ and capillary frequency $2\pi/t_\sigma$.
- Dashed: capillary wave $\omega^2 = \sigma \rho^{-1} \kappa^3$.

Interfacial area spectrum $A(\kappa, \omega) = \langle \kappa_i \kappa_i \hat{\phi} \hat{\phi}^* \rangle$



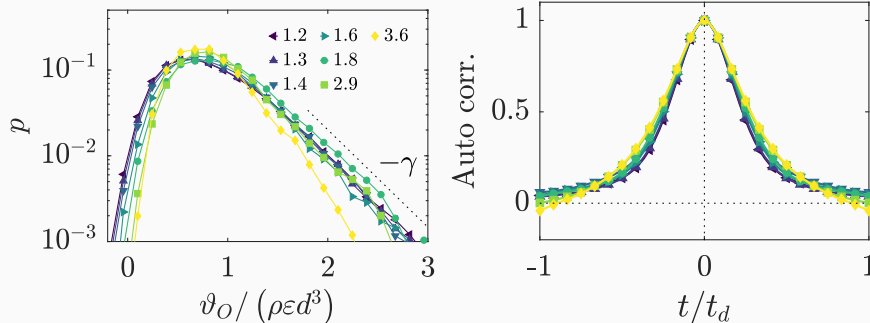
- Energy at **low frequencies**, peak at the **drop-diameter** length scale.
- Larger fraction stored at *small* length scales than in $E(\kappa, \omega)$.
- Clear ridge near $\omega = u' \kappa$ — advective transport of interfacial structures.

Interfacial forcing $F(\kappa, \omega) = \langle \hat{u}_i^* \hat{f}_i \rangle$



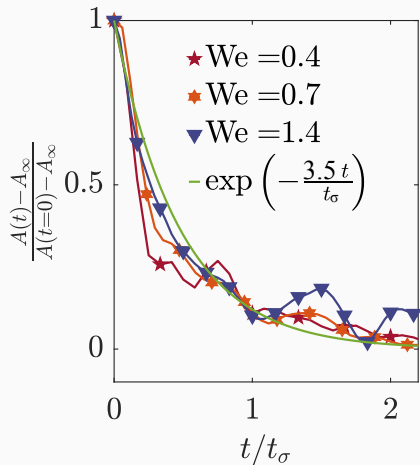
- **Negative** at large scales, long times: the drop *absorbs* energy.
- **Positive** at small scales, short times: the drop *returns* energy.
- Crossover near drop diameter d and inertial time t_d .
- As $We \rightarrow 0$, crossover $\rightarrow (d, t_d)$ — rigid-sphere limit.

Distribution of energy injection



- Exponentially distributed with $\gamma = 2.6$
- Decorrelates within one eddy turnover time
- Statistical details: Morón et al., arXiv 2026, *Stretching by outer eddies sets the turbulent breakup rate*.

Rate of drop relaxation



- Initialise the drops as ellipsoids
- Measure relaxation to dynamic equilibrium in the turbulent flow
- Relaxation rate is set by the capillary time scale:

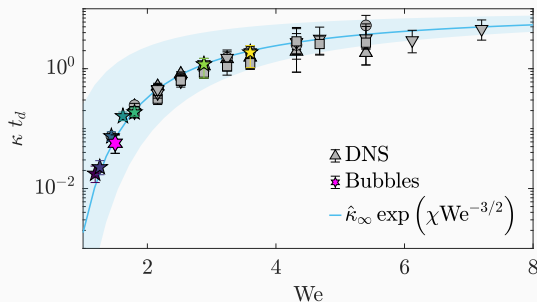
$$t_\sigma = \sqrt{\frac{\rho d^3}{\sigma}}$$

Breakup rate

- Model the interface energy $\mathcal{H} = \sigma A$ as a stochastic variable:

$$\frac{d\mathcal{H}}{dt} = \underbrace{\vartheta_O}_{P(\vartheta_O) \propto e^{-2.6\vartheta_O}} - \frac{3.5}{t_\sigma} (\mathcal{H} - \mathcal{H}_0), \quad (1)$$

- Breakup occurs if $\mathcal{H} > 1.27\mathcal{H}_0$.
- Integrate (??) for $1t_d$ to obtain the breakup probability $\hat{\kappa} = 10t_d^{-1} \exp(-\chi We^{-3/2})$
- The breakup rate of bubbles is also accurately predicted [Rivière et al., JFM, 2024].



- Used phase-field DNS to obtain 4D spatio-temporal spectra of drops in turbulence.
- **What size eddies cause deformation?** Drops act as spectral filters, **absorbing** energy at large scales ($\sim d$) and **returning** it at small scales.
- **What are the timescales?** Drop relaxation is governed by the capillary time t_σ , while turbulent forcing decorrelates within one eddy turnover time t_d .
- **Mechanistic model?** A stochastic model balancing exponential forcing and capillary relaxation accurately predicts breakup rates for both drops and bubbles.

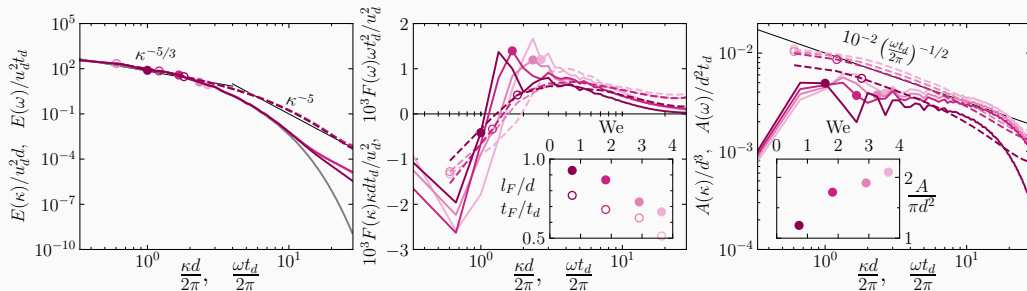
Thank you. Questions?

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One-dimensional spectra: scaling & crossover



Left: $E(\kappa)$, $E(\omega)$

K41 $\kappa^{-5/3}$ over a decade. Drops $\Rightarrow$ modest small-scale increase, growing with We .

Middle: $F(\kappa)$, $F(\omega)$

Crossover $F = 0$ at length l_F and time t_F . $We \rightarrow 0 \Rightarrow l_F \rightarrow d$, $t_F \rightarrow t_d$.

Right: $A(\kappa)$, $A(\omega)$

$A(\omega) \sim \omega^{-1/2}$ over much of the range. Lower $We \Rightarrow$ smoother interface.